

## Keio University Syllabus and Timetable

# CROSSING BORDERS:ADAPTING TO JAPAN AND ADAPTING TO THE WORLD

<b>Subtitle</b>	Learning from Life Abroad: Adapting to Japan and Adapting to the World
<b>Lecturer(s)</b>	SHAULES, JOSEPH
<b>Credit(s)</b>	2
<b>Academic Year/Semester</b>	2023 Fall
<b>Day/Period</b>	Tue.3
<b>Campus</b>	Mita
<b>Classroom</b>	123
<b>Class Format</b>	Face-to-face classes (conducted mainly in-person)
<b>Registration Number</b>	87198
<b>Faculty/Graduate School</b>	INTERNATIONAL CENTER
<b>Year Level</b>	2, 3, 4
<b>Course Description</b>	A course to aim to focus on the deep cultural learning and personal growth that can result from adjusting to life in another country by learning about the psychology of adjusting to foreign experiences.
<b>K-Number</b>	CIN-CO-00133-212-10

[▼ Detail](#)

## Course Contents/Objectives/Teaching Method/Intended Learning Outcome

This course focuses on the deep cultural learning and personal growth that can result from adjusting to life in another country. We will learn about the psychology of adjusting to foreign experiences. We will see that experiences abroad can be either deep or shallow. We will learn about the impact of living abroad on our values and identity. Each student will interview someone about their intercultural experiences and analyze and present the results. The ultimate goal is for students to get the most out of intercultural experiences.

## Course Plan

### Lesson 1

Introduction – Edward Hall and the intercultural experience

### Lesson 2

Deep culture in everyday life

### Lesson 3

Understanding deep culture

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**Lesson 4**

Understanding deep culture

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**Lesson 5**

Understanding deep culture

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**Lesson 6**

Intercultural sensitivity, empathy, cultural identity, stereotypes, prejudice

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**Lesson 7**

Trial & error cultural learning, culture surprise, stress and shock

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**Lesson 8**

Surface and deep experiences, adaptive demands

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**Lesson 9**

resistance (reversal), acceptance, adaptation (forced adaptation – mixed reactions)

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**Lesson 10**

Interview preparation: Doing a deep culture interview

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**Lesson 11**

Interview analysis - Presentation preparation

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**Lesson 12**

In-class presentations

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**Lesson 13**

Semester course content review

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**Lesson 14**

Students will take part in an interview project analyzing someone's intercultural adaptation experience.

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**Other**

There will be online interaction with other students to build community and explore these topics more deeply

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**Method of Evaluation**

1. Written final exam (30%)
2. Final presentation (30%)
3. Participation (Attendance + assignments) (40%)

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**Textbooks**

The Beginner's Guide to Deep Culture: Beneath the Surface, (2010), Shaules, Intercultural Press, Boston and London

## Reference Books

Deep Culture: The Hidden Challenges of Global Living, by Joseph Shaules, Multilingual Matters, 2007

## Lecturer's Comments to Students

The class meeting schedule can be found on the Canvas Learning Management System. If you have any questions, please contact the instructor directly: shaules@keio.jp.

## Question/Comments

This class is suitable for Japanese and non-Japanese students. There will be a lot of opportunity to talk about your cultural experiences and discuss with other students about theirs.