CROSSING BORDERS: ADAPTING TO JAPAN AND ADAPTING TO THE WORLD

Subtitle
Learning from Life Abroad: Adapting to Japan and Adapting to the World

Lecturer(s)
SHAULES, JOSEPH

Credit(s)
2

Academic Year/Semester
2023 Fall

Day/Period
Tue.3

Campus
Mita

Classroom
123

Class Format
Face-to-face classes (conducted mainly in-person)

Registration Number
87198

Faculty/Graduate School
INTERNATIONAL CENTER

Year Level
2, 3, 4

Course Description
A course to aim to focus on the deep cultural learning and personal growth that can result from adjusting to life in another country by learning about the psychology of adjusting to foreign experiences.

K-Number
CIN-CO-00133-212-10

Course Contents/Objectives/Teaching Method/Intended Learning Outcome
This course focuses on the deep cultural learning and personal growth that can result from adjusting to life in another country. We will learn about the psychology of adjusting to foreign experiences. We will see that experiences abroad can be either deep or shallow. We will learn about the impact of living abroad on our values and identity. Each student will interview someone about their intercultural experiences and analyze and present the results. The ultimate goal is for students to get the most out of intercultural experiences.

Course Plan
Lesson 1
Introduction – Edward Hall and the intercultural experience

Lesson 2
Deep culture in everyday life

Lesson 3
Understanding deep culture
Lesson 4
Understanding deep culture

Lesson 5
Understanding deep culture

Lesson 6
Intercultural sensitivity, empathy, cultural identity, stereotypes, prejudice

Lesson 7
Trial & error cultural learning, culture surprise, stress and shock

Lesson 8
Surface and deep experiences, adaptive demands

Lesson 9
resistance (reversal), acceptance, adaptation (forced adaptation – mixed reactions)

Lesson 10
Interview preparation: Doing a deep culture interview

Lesson 11
Interview analysis - Presentation preparation

Lesson 12
In-class presentations

Lesson 13
Semester course content review

Lesson 14
Students will take part in an interview project analyzing someone’s intercultural adaptation experience.

Other
There will be online interaction with other students to build community and explore these topics more deeply

Method of Evaluation
1. Written final exam (30%)
2. Final presentation (30%)
3. Participation (Attendance + assignments) (40%)

Textbooks
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<th>Reference Books</th>
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<tr>
<th>Lecturer's Comments to Students</th>
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<tr>
<td>The class meeting schedule can be found on the Canvas Learning Management System. If you have any questions, please contact the instructor directly: <a href="mailto:shaules@keio.jp">shaules@keio.jp</a>.</td>
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<th>Question/Comments</th>
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<td>This class is suitable for Japanese and non-Japanese students. There will be a lot of opportunity to talk about your cultural experiences and discuss with other students about theirs.</td>
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